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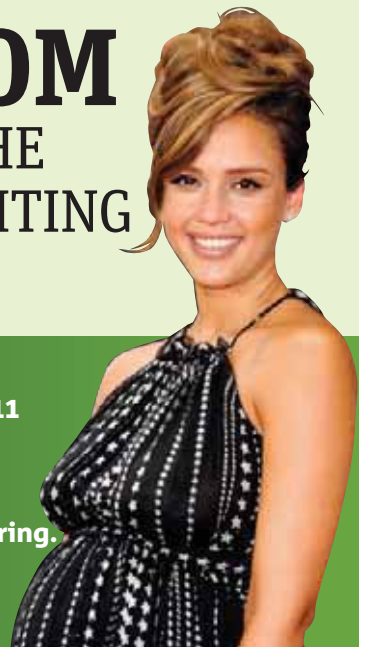
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TRANSIT IN THE CITY
SPECIAL FEATURE
COMPARES SYSTEMS
ACROSS CANADA {page 6}



SUPERMOM

ALBA'S SAVING THE WORLD AND AWAITING DIAPER DUTY {page 16}



EDMONTON

metro

Monday, August 15, 2011
www.metronews.ca

 News worth sharing.

Cabbies take stand on bus plan

► Pilot project slated to run Sept. 2 to Nov. 26 pushed back ► Coun. Don Iveson wants to look at end location other than Southgate Transit Centre ► No timeline yet on when late-night bus service will be tested

Creating a taxi stand in south Edmonton isn't a guaranteed solution to the bar-strip backlog on Whyte Avenue, says one member of the industry.

"Taxis target Whyte or Jasper,

and they're already trying to pick people up there," said Balraj Manhas, president of the United Cabbies Association of Edmonton, noting Friday and Saturday nights can be slow until between 2 and

3 a.m.

Drivers know there are thousands looking for a ride home once the bars close.

"I don't know if anyone will target elsewhere," he said.

But the project, aiming to drop patrons along the way to the Southgate Transit Centre from Whyte between 1:30 and 3:30 a.m., has been postponed.

Coun. Don Iveson requested the

delay and further public consultation, and expects an announcement from the city today.

For more on this story, visit metronews.ca/edmonton.

● HEATHER MCINTYRE

Standing. Room



► Scottish performer Figo brings his "Magic with Style" to a crowd outside the TransAlta Arts Barns yesterday, with his finale of laying on broken glass and asking a volunteer to stand on him. The Fringe Theatre Festival runs until Aug. 21. More coverage, page 3.

SHELLEY WILLIAMSON/METRO

Figo earns some street cred in Fringeopolis

Local

Father charged

► 11-month-old found with 'significant' slash wounds ► First court appearance scheduled for this morning {page 3}

Speaking out

Teen talks about dealing with self-injury {page 17}

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Fringe Festival attendance may break record

Warm weather and an increase in the number of shows, performers and venues turned the first weekend of the 30th annual Edmonton Fringe Festival into a potentially record-setting one.

"The weather's been great and we've had some fantastic outside attendance," executive director Julian Mayne said yesterday. "The streets have just been packed."

About 175,000 had attended the festival by Saturday night, which translated into a 20 per cent increase in attendance to indoor shows over 2010.

Included in that count is Hollywood actor Zach Galifianakis, who was spotted in the beer gardens and also took in a show Saturday, said Mayne, adding Edmontonian Nathan Fillion, from the television show Castle, is a regular to the festival.

Schedules and tickets are available online at fringetheatre.ca.

HEATHER MCINTYRE

Reader tweets



We asked some Twitter followers and citizens of

Fringeopolis on scene in Old Strathcona yesterday what shows they recommend:

- ▶ @PiccolaCinzia: Ruminations of Maud (& other stories); Definitely check it out! :)
- ▶ @jeffwoodward: Mother-ship down & Twenty Five are must sees!



▶ Elodie Nana, mother of two, lives across the street from the southeast Calgary home where an infant was slashed early Saturday, allegedly by his father.

Father charged after infant suffers slashes

► First court appearance for 32-year-old scheduled for this morning in Calgary ► Injured child in stable condition, expected to make full recovery



JEREMY NOLAÏS
@METRONEWS.CA

Police have laid an attempted murder charge against a Calgary father after his 11-month-old was found with "significant" slash wounds to his neck and abdomen Saturday.

The incident occurred shortly after 4 a.m. in

southeast Calgary.

Staff Sgt. Kelly Campbell said the multiple wounds were inflicted with a kitchen knife in the infant's home.

She said quick-thinking officers were able to disarm a man found in the home, and the child was rushed to hospital with potentially life-threatening injuries.

"It looked like the male

was agitated, in a state of disarray," Campbell said.

Word of charges against the infant's father yesterday sent further shockwaves to other neighbourhood parents.

"I'm appalled, disgusted, speechless," said Deanna Christensen, who has a one-year-old baby of her own. "I can't believe this happened in our community."

Elodie Nana lives across the street and met the couple living in the home briefly before their baby was born.

"Why would somebody harm an innocent baby?" she said. "I don't understand."

The child is expected to make a full recovery. To protect him, the identity of the accused is not being released.

1

news


"Rock Snot" becomes a global invasive species after spreading from Canada to congest rivers worldwide. Scan code for story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at metronews.ca

Anxious investors hope for a break from recent turbulence on the stock markets. Video at metronews.ca



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CLIMATE CHANGE

Prentice pushed deal to reduce emissions

A former Conservative cabinet minister attempted to convince Alberta politicians to accept a more stringent regulatory approach to curbing climate change in 2009, newly released documents show.

Then-federal Environment Minister Jim Prentice met with Alberta Premier Ed Stelmach and provincial Environment Minister Rob Renner Sept. 11, 2009, to discuss getting the province into a national system.

"We believe that a carefully designed cap-and-trade system will send the appropriate price signals to ... help reduce emissions," reads a briefing note.

THE CANADIAN PRESS

Police investigate group attack

Edmonton police are investigating the alleged group beating of a couple near 32 Street and 116 Avenue Saturday.

He suffered a skull fracture and facial injuries, and she had cuts, allegedly from a bat and a board.

● METRO

Fatal collision on Highway 28

One man is dead and two people are in hospital after a Jeep heading north on Highway 28 hit a southbound truck

hauling a trailer north of Gibbons yesterday, said RCMP, who are investigating.

● METRO

No quick fixes for algae blooms: Scientist

► 'We're overdeveloping our lakeshores,' says U of A freshwater expert

PIGEON LAKE WATERSHED ASSOCIATION/HANDOUT/THE CANADIAN PRESS

Louis and Gail Sledz's ice cream business at Ma-Me-O Beach on Alberta's Pigeon Lake is at risk of going under and the couple know who, or rather what, to blame.

It's the toxic blue-green algae blooms.

The algae, which is toxic when blooming — typically in late July or August when the water warms up — has prompted health authorities to issue warnings against swimming at the lake, south of Edmonton.

Similar warnings have been given in three of the past four years. The latest one, which came earlier this month, means sales at the Sledz's ice cream business are melting away.

"Certainly business is down. I would guess 50 per

cent," said Gail Sledz.

"We're considering making this the last year."

The Saskatchewan government last week issued a similar warning against swimming or drinking water where the blooms are present.

Swimming in algae-contaminated water can cause red skin, sore throat, cramps or diarrhea. The algae also consume oxygen in the water which fish need to survive.

David Schindler, a leading freshwater scientist at the University of Alberta, says provinces that lack suitable controls on lake-front development will continue to suffer from blue-green algae outbreaks, even if they employ costly algae-control methods.



► Blue-green algae is seen on Pigeon Lake in August 2007. Health authorities have issued warnings against swimming during algae blooms, which can cause red skin, sore throat, cramps or diarrhoea.

Schindler said a study is being done in Alberta on using iron as an additive to control the algae, but he said it would be only useful if it's used in conjunction with better land-use practices.

tices.

"It isn't a silver bullet that's going to make up for a lifetime of bad management," the scientist said in an interview on Saturday.

THE CANADIAN PRESS

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Tories warn asbestos widow not to use logo

- ▶ Canada faces rising criticism over its asbestos exports
- ▶ Tories insist material is safe when handled properly

The federal Conservative party has sent a threatening email to the widow of an asbestos victim in the latest chapter of Canada's debate over the hazardous mineral.

A top Tory official is warning the woman to stop using the party logo in an online ad campaign against the controversial industry — a campaign she started after her husband died of an asbestos-related cancer. Michaela Keyserlingk, whose husband Robert died in 2009 of mesothelioma, has been running an online banner since the spring that reads, "Canada is the only western country that still exports deadly asbestos!"

Conservative party executive

director Dan Hilton warned Keyserlingk to stop using the Tory symbol immediately. "Failure to do so may result in further action," Hilton wrote in a July 29 email which carried the subject title, Unauthorized use of trademark. The email, which The Canadian Press obtained from Keyserlingk, went on to advise her: "Please govern yourself accordingly."

The exchange comes as Canada faces intensifying international criticism over its asbestos exports and the Quebec government mulls whether to help revive one of the country's last-remaining mines — a decision that could come as early as today.

THE CANADIAN PRESS



"I have no permission to use (the logo) and (the Conservatives) have a legitimate argument against me.... But on a human level they have no legitimacy whatsoever."

MICHAELA KEYSERLINGK

Celebration. Of love



▶ A performer dances with a spectator during the annual gay pride parade in Montreal yesterday.

GRAHAM HUGHES/THE CANADIAN PRESS

Taking Pride in Montreal's streets

Body of skydiver found in N.B. field

The RCMP is investigating the death of a man who went skydiving Saturday afternoon in New Brunswick.

Police said the 34-year-old's body was found in a field off Highway 115 in

Notre-Dame, about 30 kilometres north of Moncton. "The skydiver fell to his death," Sgt. Jamie Melanson said yesterday in an interview. "We received a call that there was a body and,

for all intents and purposes, it was a skydiving accident."

Police said the man was from Notre-Dame, but did not release his name pending notification of his family. THE CANADIAN PRESS

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..... **TRANSIT IN THE CITY**

Compare and contrast

Do you think your city has the steepest bus fare in the country? Or that there aren't enough buses during rush hour? For the next three days, Metro will be analyzing the transit systems in eight cities across the country and catching up with commuters to find out what grinds their gears — and what they love — about transit in their city



VANCOUVER

- **KM SERVED:** 1,800-square kilometres.
- **TYPES OF TRANSPORT:** Bus, electric trolley, train, subway, ferry.
- **COST PER RIDE:** \$2.50; transfer good for 90 minutes.
- **MONTHLY ADULT PASS:** \$81.
- **SPECIAL FEATURES:** System has one of last remaining electric trolley fleets in North America. Both SkyTrain and Canada Line trains are driverless systems. Can text transit-stop number to TransLink to learn arrival time of next bus.



EDMONTON

- **KM SERVED:** More than 40 million each year by bus.
- **TYPES OF TRANSPORT:** Bus, LRT (train).
- **COST PER RIDE:** \$2.85; includes 90-minute transfer.
- **MONTHLY ADULT PASS:** \$84.65.
- **SPECIAL FEATURES:** Patrons can get bus schedules through a smartphone app or by sending a text message to 31100.



OTTAWA

- **KM SERVED:** 6,785.
- **TYPES OF TRANSPORT:** Bus, O-train.
- **COST PER RIDE:** \$3.25 or two tickets for \$2.60; includes 90-minute transfer.
- **MONTHLY ADULT PASS:** \$94 regular pass, \$116 express.
- **SPECIAL FEATURES:** Transitway, a system of dedicated roadways and lanes reserved for transit and emergency vehicles, lets buses move quickly. All buses are low-floor, accessible and equipped with automated stop-calling systems.



HALIFAX

- **KM SERVED:** 52,500 per day for buses.
- **TYPES OF TRANSPORT:** Bus, ferry.
- **COST PER RIDE:** \$2.25; \$1.80 bus ticket; transfer good in any direction.
- **MONTHLY ADULT PASS:** \$70.
- **SPECIAL FEATURES:** MetroLink buses take passengers from residential areas to downtown non-stop. Service hours increased by 50 per cent since 2002. GoTime allows passengers to call bus stop and hear scheduled departure.



CALGARY

- **KM SERVED:** 848 sq. km.
- **TYPES OF TRANSPORT:** Bus, C-Train.
- **COST PER RIDE:** \$2.75.
- **MONTHLY ADULT PASS:** \$90.
- **SPECIAL FEATURES:** C-Trains powered by wind-generated electricity through the Ride the Wind program. Since 2001, the C-Trains have been 100 per cent emission-free.



WINNIPEG

- **DAILY PASSENGER TRIPS:** 110,000.
- **TYPE OF TRANSPORT:** Bus.
- **COST PER RIDE:** \$2.40 cash or \$2.10 bus ticket.
- **MONTHLY ADULT PASS:** \$75.35.
- **SPECIAL FEATURES:** Free downtown spirit bus, free transit rides before and after Blue Bomber games, school charters.



LONDON

- **KM SERVED:** 11.6 million projected for all of 2011.
- **TYPE OF TRANSPORT:** Bus.
- **COST PER RIDE:** \$2.75 cash or \$1.90 with ticket; includes 90-minute transfer.
- **MONTHLY ADULT PASS:** \$81.
- **SPECIAL FEATURES:** Tuition passes for students, park-and-ride pass for \$50. London Transit buses are available on a charter basis for conferences and events.



TORONTO

- **KM SERVED:** 215,631.
- **TYPES OF TRANSPORT:** Bus, streetcar, subway, train.
- **COST PER RIDE:** \$3 per ride; transfer good in one direction only.
- **MONTHLY ADULT PASS:** \$121.
- **SPECIAL FEATURES:** Hybrid buses make up close to 40 per cent of fleet. Bus drivers will drop female passengers off anywhere along route from 9 p.m. to 5 a.m. More than 97 per cent of bus fleet has bike racks. Can text stop number to learn arrival of next bus.

Growing strong

LRT and bus service are set to expand in Edmonton, but that's not all that's on the horizon for commuters in Alberta's capital city.

While the big news is an LRT line from downtown to NAIT — scheduled to open in 2014 — as well as plans to run lines southeast and west, there will be buses throughout the day in newer, busy subdivisions come the fall instead of just during peak hours, said Ken Koropeski, director of transportation services with Edmonton Transit.

Addressing capacity is a concern, and could be dealt with by potentially putting a new bus loop in, said Koropeski.

"It would run around the city, connecting many of the transit centres or malls," he said.

Moving from three-car trains to four-car trains during peak hours is expected to increase LRT capacity by 12 per cent. Some trains were outfitted back in March, while all will be updated come September, said Koropeski, adding five-car trains are likely in the future.

Koropeski said the city is also reconsidering a pilot project voted down last year, which would expand service from the Century Park LRT station to the Edmonton International Airport.

"We've been asked to look at bus service out to the airport more times a day, as opposed to when the C-Line operates right now," said Koropeski. The C-Line, operated by the City of Leduc and contracted out to Edmonton Transit, offers bus service during peak hours.

Koropeski said Smart Card technology to replace bus tickets and passes is also being looked at and will likely be discussed at city hall in the fall. ● **HEATHER MCINTYRE**

Your take ...

RATE YOUR SYSTEM

Check out our online poll and rate your city's transit system. Visit metronews.ca. Poll results will be printed in tomorrow's edition.



BUILD YOUR IDEAL SYSTEM

If you had the power to change your city's transit system, what would you do? Create 24-hour service? Put debit machines on buses? Email us at edmontonletters@metronews.ca or send us a message on Twitter @metroedmonton. The best answers will be printed in Wednesday's edition. ● **METRO**

Coming up next

Grab a copy of Metro tomorrow, in which we'll look at transit riders' praises and pet peeves. We'll also catch up with bus drivers across the country to learn what it's like to deal with passengers all day long.



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Britain's gangs look to U.S. for inspiration

► Street gangs copy actions, style of American rappers, on-screen gangsters

The Burger Bar Boys. The Cash or Slash Money Crew. The Bang Bang Gang. These names might sound straight out of a dime-store novel, but they're real-life Birmingham gangs — underground armies that spearheaded England's worst riots in a generation.

As Britain comes to grips with last week's riots, Prime Minister David Cameron has identified the growth of violent gangs as a key factor and is recruiting high-profile American anti-gang experts to help bring them to heel.

While senior British police officers openly resent that move, analysts of gang culture say it seems logical to seek American assistance, because today's British gangs consciously ape American gang ambitions and style, from the bling to the lingo.

They talk in a street pat-

ois shaped by U.S. rap lyrics, use noms de guerre lifted straight from American gangster films and crime dramas, and choose such icons as Don Corleone, Al Pacino's Scarface or Baltimore ganglord Stringer Bell of *The Wire* TV series as their avatars on social-networking sites.

British law enforcement authorities admit that, until only a few years ago, they sought to minimize the scale and potential of their homegrown gangs. They promoted their preferred label of "delinquent youth groups" and billed full-blooded street gangs as an American phenomenon.

In the wake of the August riots — when gangs used text-messaging and social media to deploy break-in artists to breach steel-shuttered shops — politicians now use the "G" word pointedly.



► In this Aug. 9 photo, youths run from an electronics store in Birmingham, England, as disturbances saw looting and vehicles set alight.

DAVID JONES/THE ASSOCIATED PRESS

"These teenage gangsters are creating their own criminal worlds, and in their minds it's very much an Americanized world. When they talk about the police, it's 'the Feds,' or 'The 5-0,' as in Hawaii 5-0."

CARL FELLSTROM, AN EXPERT ON ENGLAND'S GANGS

"Territorial, hierarchical and incredibly violent, the gangs are mostly composed of young boys, mainly from dysfunctional homes," Cameron told the House of Commons in an emergency debate on the riots. "They earn money through crime, particularly drugs, and are bound together by an imposed loyalty to an authoritarian gang leader. They have blighted life on their estates, with gang-on-gang murders and unprovoked attacks on police."

THE ASSOCIATED PRESS

Hundreds march for equality, gay rights in Nepal

Gay, lesbian and transgender people marched with supporters in a southern Nepal town yesterday to demand equal rights under a new constitution the country is in the process of writing.

The estimated 500 demonstrators danced, chanted slogans and marched around Narayanghat, a town about 160 kilometre south of the capital of Kathmandu yesterday, which is also Nepal's tradi-

tional festival of Gaijatra honouring the dead. Gay-rights activists and parliament member Sunil Pant said their main aim was to spread their campaign outside the capital city.

The gay community has been holding demonstrations on the festival day in the capital, but it was the first time that activists have organized a rally outside the capital.

The country is also in the process of writing a new



► Gay-rights advocates ride on elephants as part of a city-wide protest in Nepal.

NIRANJAN SHRESTHA/THE ASSOCIATED PRESS

constitution, which could include provisions to guarantee rights for the sexual minorities.

Pant said the major political parties have agreed to include the rights of the sexual minorities in the new constitution.

However, the new constitution has been delayed several times following differences among the country's political parties on various other issues.

THE ASSOCIATED PRESS

Out and proud

► Parliament member Sunil Pant said more people are declaring their sexual orientation in urban areas, but people in rural villages are still afraid.

► According to sexual-rights advocates, transvestites were discriminated against and beaten by both the public and police.

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Stage. Collapse



► In this frame grab from an Aug. 13 video, a stage collapses at the Indiana State Fair, killing five and injuring dozens of fans waiting for the band Sugarland to perform.

JESSICA SILAS/THE ASSOCIATED PRESS

Despite accident, show will go on

Indiana officials, including Gov. Mitch Daniels, said a "fluke" gust of wind was responsible for a fatal stage collapse at the Indiana State Fair on Saturday night. All activities were cancelled yesterday, but the fair, which runs through Aug. 21, was expected to resume today with a service honouring the victims.

Myanmar's Suu Kyi tests new freedom

- First political trip to countryside inspires cheers
- Democracy icon donates rice, money to flood victims

Thousands of well-wishers lined roadsides in Myanmar to welcome opposition leader Aung San Suu Kyi as she tested the limits of her freedom yesterday by taking her first political trip into the countryside since being released from house arrest.

The military-dominated country's government had warned that the democracy icon's journey could trigger riots, but it

took place peacefully in two towns north of the main city of Yangon, and Suu Kyi returned home without incident.

The last time Suu Kyi travelled out of Yangon to meet supporters, assailants ambushed her en-



► Aung San Suu Kyi

tourage. She escaped harm but was detained and placed under seven years of house arrest, from which she was only released last November.

Yesterday, Suu Kyi met hundreds of supporters in Bago, about 80 kilometres north of Yangon, and the nearby town of Thanatpin, where she gave a 10-minute speech calling for unity and support for her political party.

THE ASSOCIATED PRESS

Norway attacker simulates shots on reconstruction trip

The chilling images of Anders Behring Breivik simulating shots into the water at the island where he killed 69 people at a youth camp were broadcast around the world yesterday after police brought him back there.

Restrained by a harness, the Norwegian reconstructed his actions for police in a secret daylong trip back to the crime scene at Utøya island near Oslo.

Police said they took Breivik back to Utøya for a Saturday hearing about the attacks on July 22, when Breivik shot the victims at the lake island after killing another eight people in the capital with a bomb.

Breivik's lawyer has said he has confessed to the terror attacks, but denies criminal guilt because he believes the massacre was necessary to save Norway



► Anders Behring Breivik

and Europe from Muslims and punish politicians who have embraced multiculturalism.

The 32-year-old Breivik described the shootings in close detail during an eight-hour tour on the island with up to a dozen police, prosecutor Paal-Fredrik Hjordt Kraby told a news conference in Oslo.

Calls to police

- A prosecutor also confirmed Norwegian media reports that police received several phone calls during the attack that were probably from Anders Behring Breivik himself, but wouldn't say how police had reacted to the calls.
- According to Norwegian daily Aftenposten, Breivik offered to surrender several times and asked police to call him back, but they didn't.

The hearing took place amid a massive security operation that aimed to avoid escape attempts by Breivik and protect him against potential avengers. Breivik walked roughly the same route as the one he took during the shooting spree.

THE ASSOCIATED PRESS

Teen dies at Brazilian fun park

Brazilian police say a part from a roller coaster came loose at an amusement park outside Rio de Janeiro, striking and killing a teenager.

Investigators in the suburb of Recreio dos Bandeirantes say 10 other people were injured in the incident Saturday night.

THE ASSOCIATED PRESS

Killer bull gores man in Spain

A killer bull has claimed another victim after fatally goring a 29-year-old man during festivities in Spain's eastern Valencia region, an official said yesterday.

The man died at a hospital in the town of Xativa late Saturday, a regional government official said.

THE ASSOCIATED PRESS

Quebecers ruin day at the beach

It was a bad beach day for four Quebec residents who were arrested twice Friday by police in Ontario.

After being charged with possession of a controlled substance at Wasaga Beach, the people were then stopped by police for speeding on their way home to Quebec.

THE CANADIAN PRESS

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Ownership claim is 'fraud': Facebook

► Lawyers cite 'painstaking forensic analysis' they say proves claimant's contract with founder is fake

Attorneys for Facebook and its founder, Mark Zuckerberg, say they have found "smoking gun" evidence on a New York man's computer proving he made up his claim that a contract he signed with Zuckerberg in 2003 gives him part ownership of the social network.

Facebook attorney Orin Snyder said Paul Ceglia has not complied with a judge's order to hand over certain electronic documents and that he has improperly classified others as confidential.

"He does not want the public to know what was discovered on his computers because it includes smoking-gun documents that conclusively establish that he fabricated the purported contract and that this entire lawsuit is a fraud and a lie," Snyder wrote.

Ceglia, of Wellsville, N.Y., says he and Zuckerberg met and signed a two-page agreement in






► Mark Zuckerberg

the lobby of a Boston hotel on April 28, 2003. Zuckerberg, then a Harvard student, had responded to a help-wanted ad on the Craigslist website for work on a street-mapping database called StreetFax that Ceglia was creating.

According to the lawsuit, the contract shows that Ceglia paid Zuckerberg \$1,000 to work on the project and gave him another \$1,000 after Zuckerberg told him about his idea to create a kind of online yearbook.

Market moment

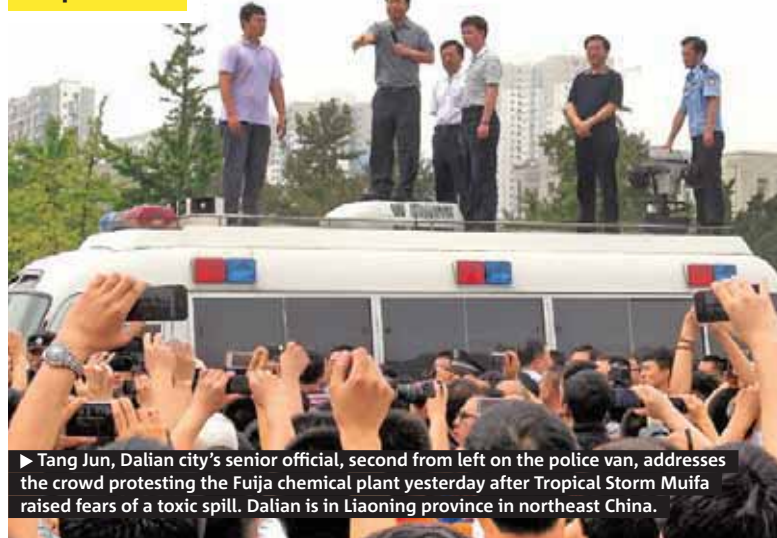
TSX	Dollar
	
+ 2.4 (12,542.20)	- 0.24¢ (100.94¢ US)
Oil	Natural gas
	1,000 cu ft
- 34¢ (\$85.38 US)	\$4.06 US (- 4.8¢) Gold contracts \$1,742.60 US (- \$8.90)

Ceglia was to get half of the business if it got off the ground. Ceglia attached a series of email exchanges in which he said he and Zuckerberg discussed the arrangement.

Facebook lawyers have accused Ceglia of altering the original street-mapping agreement to insert references to Facebook and fabricating the emails altogether.

THE ASSOCIATED PRESS

People. Power



► Tang Jun, Dalian city's senior official, second from left on the police van, addresses the crowd protesting the Fujia chemical plant yesterday after Tropical Storm Muifa raised fears of a toxic spill. Dalian is in Liaoning province in northeast China.

KYODO NEWS/THE ASSOCIATED PRESS

Beijing bows to protesters

Authorities in the Chinese port city of Dalian ordered the petrochemical plant shut down after more than 12,000 people demonstrated over pollution concerns, state media said. Despite the apparent success of the protest, censors quickly began deleting references to it on social networking sites, a usual practice to prevent demonstrations from spreading.

8% On Aug. 5,
gold coins were
selling for about
\$1,800 US on eBay. The
price rose more than
eight per cent to
\$1,952 on Wednesday.

Gold hot on eBay

The recent stock market turmoil has been a boon for gold sellers on eBay Inc. The website's Bullion Center reports that sales of one-ounce gold American

Eagle coins and one-ounce gold Pamp Suisse bars rose steadily from Aug. 5 to Wednesday, before dipping slightly on Thursday.

THE ASSOCIATED PRESS

Fingers crossed for stable markets this week

Investors are hoping for calm on stock markets this week after stomach-churning sessions on North American markets that featured swoops up and down of nearly 500 points last week.

"We're into a bottoming-out process," said Colin Cieszyński, market

analyst at CMC Markets Canada. "This one has been difficult to find, but we do have markets trying to find a bottom."

The forecast appeared positive at the end of the week as bargain hunters snapped up stocks badly beaten down in a rout that started gaining mo-

mentum three weeks ago on worries about Spain, Italy and France getting caught up in the European debt crisis.

There have also been worries that the American economy could slip back into recession. But the final straw seemed to be Standard & Poor's down-

grade of the U.S. credit rating as a result of the prolonged negotiations over raising the debt limit.

If markets can find a bottom this week, investors can concentrate on the next problem: Getting indexes up again.

THE CANADIAN PRESS

Rise and fall

- The Toronto market hit a low point last Monday when a plunge of almost 500 points pushed the TSX down 20 per cent from its recent high in March.
- But a strong retail sales report in the U.S. helped

push the TSX up 380 points or 3.12 per cent.

- Across the pond, France's economy unexpectedly ground to a halt in the second quarter after a sudden reversal in consumer spending and stagnation of exports.

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Italian union opposes austerity cuts

The leader of Italy's biggest labour union, the CGIL, is threatening a general strike against an austerity package that Prime Minister Silvio Berlusconi's government hastily pushed through to balance the budget by 2013 and avoid financial collapse.

The threat came amid mounting criticism yesterday of the 45.5-billion-euro package passed Friday to meet demands of the European Central Bank.

Critics say the package — a mix of spending cuts, job cuts and tax increases, including a "solidarity tax" for high-earners —

will strangle Italy's stagnant economy, which is expected to grow by only about one per cent this year.

Susanna Camusso, the CGIL leader, says it unfairly targets the middle class and fails to tackle Italy's massive tax-evasion problem. THE ASSOCIATED PRESS

Slash dance

- The new measures include 20 billion euros in cuts and tax hikes for 2012 and 25.5 billion euros for 2013. They abolish some local-government layers and gradually eliminate some 50,000 elected jobs.

#YEG RIDER FEEDBACK ABOUNDS

URBAN COMPASS

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The advent of social media has given companies and organizations one more way of keeping track of what their customers or clients are saying about them. They moni-

tor and use sites such as Twitter as a way of enhancing and protecting their brands. A number of companies have created positions solely to monitor social media and to respond when it is important to do so. They also use social media as a source of business

intelligence that enables them to modify a product or service so that it better meets the expectations of its customers.

The reason monitoring sites like Twitter is so important is that tweets and retweets are the modern-day equivalent of corporate gossip. You tell your

neighbour about your positive or negative experience with a particular company and that neighbour tells a friend, that friend tells a friend and so on.

In today's market, brand is everything. A favourable perception of a brand is money in the bank. It leads people to buy the brand rather than the product.

Imagine for a moment that you are a transit company. What would you want your brand image and brand promise to be? I think most of us would say that we want people to think of our transit service as being well run, responsive to customers and that the brand promise would include being safe and timely.

Now imagine that you are the brand manager for Edmonton Transit. What is it that you would want your customers to say about the service you offer?

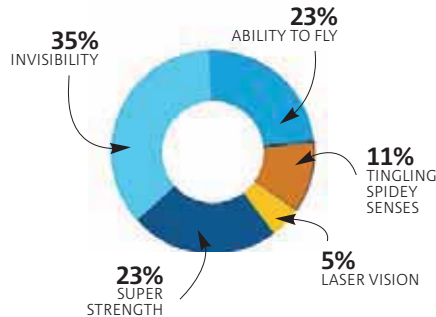
A visit to the Twitter feed at #yegtransit would yield a lot of bad news, I'm afraid. Every day people post their concerns about service on the site. Most tweets deal with the lateness of buses and LRT trains, aggressive drivers, smelly buses and the like. To be fair, once in a while they also have some nice things to say. But the negatives easily outweigh the positives by a ratio of 10 to one.

One would think that Edmonton Transit would monitor the site and respond to their customers' concerns from time to time. As near as I can tell, this never happens. Maybe because there is no competition, Edmonton Transit just doesn't worry about these things. But if we are going to wean people away from their cars, somebody is going to have to start worrying. And the sooner the better.



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and take the quick poll

If you could have one super power,
what would it be?



Worth Mentioning

SMALL TOWN. Small Canadian towns are painfully aware of the existential predicament they face. Few are strangers to the sobering realities of declining and aging populations, young people fleeing to cities, difficulty maintaining infrastructure, and sky-high unemployment.

But residents of some small towns are working to reverse the trend, drawing both on creative ideas and on the good old-fashioned community spirit that tiny towns are known for.

Residents of the small Quebec village of Notre-Dame-de-Ham have begun a citizens' co-operative to start a combined convenience store/gas station/restaurant. So far, they have 97 members who have contributed \$35,000. That means nearly one-quarter of the town's 440 overall residents participated.

Bill Reimer, a Concordia University professor, said one small town, Warner, Alta. — population, 383 — managed, with one crumbling arena and a good local coach, to start an all-girls hockey school that has become nationally renowned. "It's all about finding your niche," he said. **THE CANADIAN PRESS**

Cartoon by Michael de Adder



WEIRD NEWS

Fewer people loitering is music to their ears

Shoppers and employees say a convenience store in Columbus, Ohio, has fewer people hanging outside since the business started blaring classical music.

Customers tell WBNS-TV that loi-

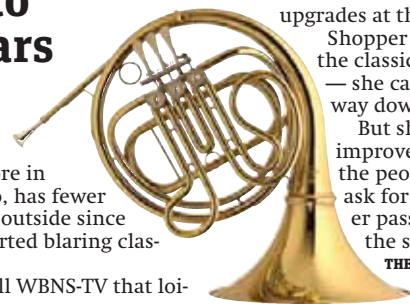
tering has declined quickly outside the United Dairy Farmers location in the Columbus Short North neighbourhood.

Workers, who have also noticed a change, say the new music went on earlier this week as part of upgrades at the store.

Shopper Allie Beck says the classical music is loud — she can hear it all the way down the street.

But she says it's an improvement over all the people who used to ask for change or bother passersby outside the store.

THE ASSOCIATED PRESS



2

scene

Box office



Rebellious apes have held off Southern maids for a narrow win at the weekend box office.

Studio estimates Sunday pegged Rise of the Planet of the Apes at \$27.5 million, good enough for its second-straight No. 1 finish. The movie forged just ahead of The Help, a drama about Mississippi maids during the civil-rights movement that debuted at No. 2 with \$25.5 million.

Three other wide releases opened: Final Destination 5 was No. 3 with \$18.4 million; the action comedy 30 Minutes or Less was No. 5 with \$13 million; and Glee: The 3D Concert Movie was No. 11 with \$5.7 million.

THE ASSOCIATED PRESS



Alec Baldwin to open new season on NBC's 'Saturday Night Live'

A remake with its own beat

► Disney's remake of the classic thriller, *Fright Night*, pays homage to the original while adding own twist to the story ► Farrell tries to bring his own quirks to vampire character



CHRIS ALEXANDER
SCENE@METRONEWS.CA

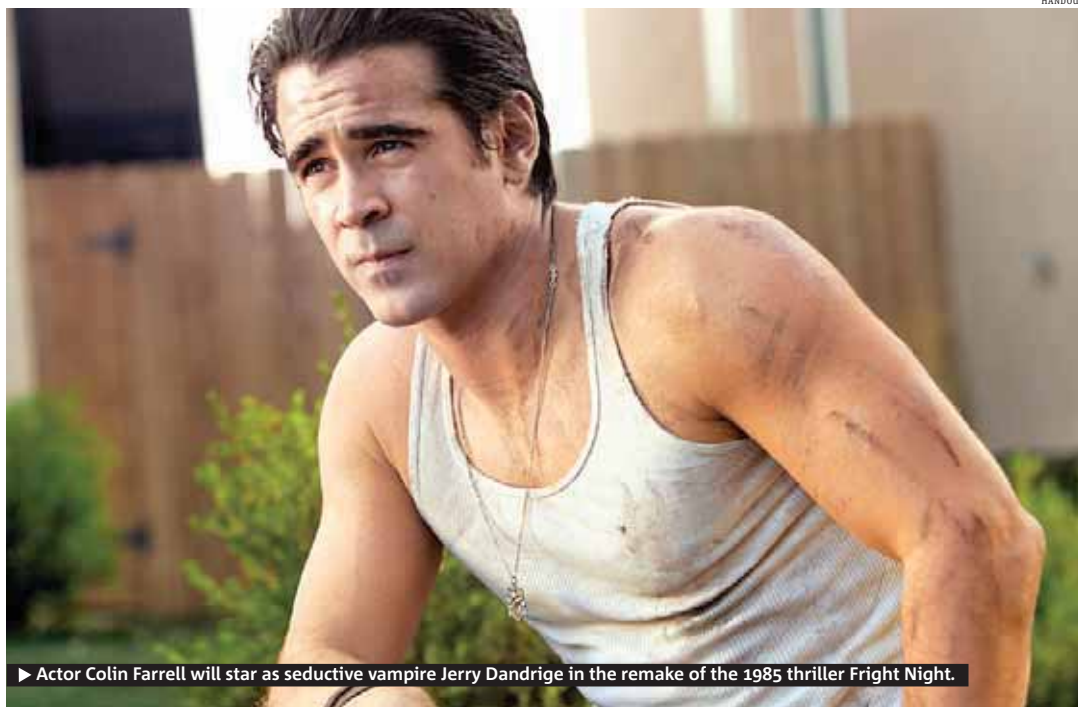
Tom Holland's original, sublimely campy 1985 vampire thriller *Fright Night* is one of the most beloved horror films of its decade and the concept of a remake was met with sneers from its most ardent admirers.

How could anyone possibly duplicate the smooth, suave, seductive charm of actor Chris Sarandon as murderous suburban vampire Jerry Dandrige? According to Colin Farrell, who inherited the role in Disney's splashy new 3D remount, you can't.

"Chris was just charismatic, elegant, beautiful and dignified," Farrell told Metro last weekend in Toronto.

"My guy has more of an emotional disconnect. In essence there was a lot in the first film that I wish I could have played, but this is a different guy, he's more predatory. If you were around my Jerry, it would be perfectly normal but there's just something...not right."

Farrell's sexy blood-sucking beast is the lethal neighbour of average Nevada teen Charlie Brewster (Anton Yelchin),



► Actor Colin Farrell will star as seductive vampire Jerry Dandrige in the remake of the 1985 thriller *Fright Night*.

"... there was a lot in the first film that I wish I could have played, but this is a different guy, he's more predatory."

COLIN FARRELL

who slowly starts to believe his nerdy pal Ed

(Christopher Mintz-Plasse) and his wild tales of the undead roaming their bedroom community.

After a few close fang shaves, Brewster seeks famous Vegas magician/supernatural authority Peter Vincent (David Tennant) to help him put the stake to Dandrige once and for all.

The film uses the original picture's template as a springboard to forge a gory, funny romp with its own beat, though it often takes the time to wink at fans of the first film, including referencing vampire Dandrige's fondness for fruit.

"I had to get that in," says Farrell of echoing the original's sequences of

Dandrige eating apples between killings. "It was just one of those things, a nod to the original. I rolled the apple off table and kind of threw it to myself. As Chris Sarandon said to me, (Dandrige) is a fruit bat. But my version also drinks beer..."

Fright Night 3D opens on Friday.

The Help drawing mixed reactions

In the United States, where a harrowing history of slavery and segregation casts such a long and painful shadow, the film rendition of the Civil Rights-era novel *The Help* has sparked controversy just as the book did two years ago.

African-Americans are divided on the story, told by Kathryn Stockett, about a white southern woman in Jackson, Miss., who convinces some black domestic workers to covertly divulge what it's like working for white families amid the frightening events of the Civil

"Despite efforts to market the book and film..., The Help distorts, ignores and trivializes the experiences of black domestic workers."

PRESS RELEASE, THE ASSOCIATION OF BLACK WOMEN HISTORIANS

Rights movement.

The Association of Black Women Historians has challenged the historical accuracy of the



► Octavia Spencer, right, and Viola Davis are shown in a scene from *The Help*.

tale, saying it makes light of the struggles of African-American domestic workers during that time period. The group also took issue with Stockett's use of a black dialect, her portrayal of

most of the story's black men as cruel or absent, and the scant attention paid to the sexual harassment many black women endured in their employers' homes.

But other African-

Americans take issue with that harsh assessment.

Tim Gordon, a black film critic behind the FilmGordon blog, raved about the film on his D.C. radio show earlier this week. "My mother really was 'the help' when I was growing up; she worked for a white family," Gordon said. "I thought they did an amazing job with this film."

Regardless of the controversy, the movie debuted at No. 2 in the box office with \$25.5 million due to glowing reviews and word-of-mouth buzz.

THE CANADIAN PRESS



▶ Lindsay Lohan

Lohan meets deadline to start rehab

▶ Tells judge she can't afford a therapist ▶ Judge doesn't buy it

Lindsay Lohan has reportedly started therapy for her issues, as ordered by the court — and just in time, as the deadline for the troubled actress to start treatment is later this week, according to E! Online.

During a court appear-

ance last month, Lohan had told the judge she was trying to find the cash to pay for therapy. In response, the judge told Lohan's lawyer that the actress "needs to find an individual therapist that takes a credit card."

● METRO

Winehouse letters, tracks, lyrics stolen

In another blow to Amy Winehouse's already upset family, unreleased tracks, lyrics and letters by the late singer have reportedly been stolen from her London home, according to Hollyscoop.

"This is such a sickening shock to the family," the

source says.

"The family, record label and management are months away from deciding what to do with any unreleased music. For that to be taken out of their hands is horrible."

Winehouse's father, Mitch Winehouse, is re-

portedly hoping the issue will resolve itself, though.

"Mitch is willing to give whoever has stolen the items a chance to do the right thing and put them back so it doesn't have to get messy," the source says.

● METRO



▶ Amy Winehouse

Quick Dish



▶ Maddox Jolie-Pitt

No stardom yet for Maddox

PREMATURE. Rumors about Maddox Jolie-Pitt going into the family business are a bit premature, it turns out. Speculation was sparked last week that the 10-year-old would be making his film debut in *Battling Boy*, an action movie Brad Pitt's company is producing, but sources tell Just Jared the rumors are simply "not true."

● METRO

Celebrity tweets



"I'm traveling to Cannes and writing music today"

@50cent

@PSchwarzenegger

"Just visited Harvard university. Great college but I'm not adding it to the list. Stanford, USC, Penn, Georgetown are my tops for now."

"summertime ... Saturday... and i got school. sweet"

@justinbieber



@Joan_Rivers

"There is NO WAY that Bert and Ernie are gay. They haven't changed their outfits in 25 years."

Arnold has model son

Patrick Schwarzenegger, oldest son of Arnold Schwarzenegger and Maria Shriver, is making a splash with his debut as a model for Hudson Jeans.

The 17-year-old appears shirtless and reclining in a

billboard looming over Sunset Boulevard in Hollywood, according to People magazine. The teenager already has his own clothing line, Project360, which raises money for a number of charities. ● METRO

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3
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Sophie the Giraffe Teether

A recent article in Slate upped the profile of this rubber toy, already a huge seller on Amazon and in its home country of France (where it sold an estimated 816,000 last year). Will your baby care about the hype?

"Blursh," said ours between bites on its neck. **MWN**



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Five tips for buying food and household items.

From real mom to spy mom

► With a three-year-old daughter and a baby on the way, Jessica Alba takes on a kid-friendly role in *Spy Kids 4* ► Conversations with the director led to the development of her character



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METRO WORLD NEWS IN HOLLYWOOD

Robert Rodriguez is known for bouncing between pulpy grown-up flicks like *Sin City* and kid-friendly fare like the *Spy Kids* series, but actress Jessica Alba, who stars in *Spy Kids 4*, had never seen him take on the latter.

"Robert doesn't change and his process doesn't change," she insists. "But there's a lightheartedness on a set where when there's kids around. You're not blowing things up and there's no half-naked girls and machine guns. There's no cursing. It's kids' stuff and toys."

While this is the third time Alba has teamed with Rodriguez, it's the first time they've done something family-friendly together. "I talked to Robert about wanting to do a movie that my daughter could see," she says. "There's a lot of natural comedy in being a first-time parent and just being in day-to-day situations."

Of course, in *Spy Kids 4*, a day-to-day situation could mean fighting off evil henchmen and car chases while extremely pregnant, which Alba does early in the film. "Walking up stairs is challenging when you're nine months pregnant," she admits. "I think it was really just a great comedic set-piece. Like, what if a



► Jessica Alba, a soon-to-be-mother of two, stars in *Spy Kids 4*. This is her first children's movie.

woman's going through contractions while trying to save the world? And, of course, a woman's going to try to do it all."

Alba later found out that it was her conversations

with Rodriguez that led to much of her character — a professional spy who puts work on hold for her family. "He said that my character was inspired by just seeing me trying to bal-

ance it all — and probably not doing the greatest job at it, but trying at least," she says with a laugh.

One of the ways she and husband Cash Warren try is by making family thtop

"When they're done with college, if they want to get into the arts, that's fine. But I wouldn't encourage them to work in this type of environment."

JESSICA ALBA ON DISCOURAGING HER KIDS FROM GETTING INTO SHOW BIZ

priority on the weekends. "That's when my husband and I make a concerted effort to not e-mail or text and really spend our time with our daughter and just be completely, 100 per cent focused on her," she says. "During the week, it's here and there depending on if I'm busy with meetings or not. It's a little easier now that she's in school. But it's tough, because I do care about my career. But she's my No. 1 priority, so if she's not doing OK, nothing else really matters."

While baby No. 2 is due any day now, Alba is already thinking about what's on her plate next — and it's not necessarily more family fare. "It's not like I want to only do family or kids' movies from now on," she says. "It's just nice to have a movie that my daughter can actually watch. I do miss doing action, and after I have the baby, I'm looking for a good action movie to do."



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WORRYING SIGNS

How to let your child have his/her freedom while keeping an eye out for unsafe sex, drug use, cutting and other trouble.

THE HIPPIE MOM



Lili Meier
Owner, with husband, of My Little Green Shop, which sells organic and sustainable baby products online

Has a son, Sebastian, 25 months, and a daughter, Savara, 9 months

Teenagers will likely rebel if they think their freedom is being unreasonably controlled, so allow them as much as you think they can handle. The teen years should be all about exploring and experimenting — though of course along with that there needs to be lots of guidance and love from parents/caregivers. Be as vigilant as you can and keep an open dialogue. Teens with a lot of self confidence are less likely to behave irresponsibly and that's why helping young people develop healthy self-esteem is critical for parents. Let them know their feelings are important and that they truly matter as people in this world. And reserve judgment. Teens won't share personal problems if they know there'll be grief to pay for doing so.

THE HIGH-POWERED WORKING MOM

Avis Jones-DeWeever
Executive Director, National Council of Negro Women
Mother of two boys, Aidan, 7, and Guy, 14



Knowledge is power. Arming my sons with age-appropriate, fact-based information about sex, drugs, and other potentially dangerous situations is an ongoing process in my home. Yet knowledge alone is not enough. Equally important is fostering the development of an internal moral compass, a sense of self-discipline, and enough self-confidence to forge a path that may differ from that of their peers. As I see it, guiding my sons along this path to maturity is one of my most critical responsibilities as a parent. To do this, I try to foster a healthy sense of self in my boys by ensuring that they understand and appreciate their history and culture, while also encouraging the discovery and development of individual talents and interests. Mine is a home that also promotes goal-setting and the practice of envisioning the future to which one aspires.

THE STAY-AT-HOME MOM

Samantha Mellen
Two boys: Lucas, 2, and Joshua, 4 months



It is my hope that, as I raise my sons, I am teaching them about life, including the "ugly" things like drugs, alcohol, unsafe sex, etc. These topics themselves are very tricky, and they can be even more so when you're talking about them with your kids. I hope to have a strong relationship with my children with open and honest communication. It's my job to train my child in the way they should behave, and what they do from there is up to them. As my boys grow and become teenagers and adults, I will answer questions, I will engage in conversations and I will teach them what is right and wrong, and what is safe and dangerous. With open communication, any warning signs will be noticed and hopefully, we can talk about it together.

I was a teen self-cutter

▶ A recent study found that young adults can be influenced by bloody videos on YouTube, which portray teens injuring themselves

▶ In this exclusive essay, a self injurer, Christie Stewart, speaks out about what she went through

I can feel the anger welling up in my body, and it feels like I'm drowning after yet another screaming match with my parents. I run to my room, slamming the door behind me. My mind races. I want to relax but the only way to do that is to see my own blood. Without thinking, I grab an Exacto knife from my desk and press it to my arm. Feeling a sharp object slice through my skin stops my pain and tears, and gives me an overwhelming sense of control.

The first time I self injured, at age 13, I had no idea that this was the beginning of something that would become a part of my life for the next 13 years. I didn't know how to deal with my emotions, and self injury seemed to give me an escape.

In 2005, after eight years in therapy, I stumbled across YouTube.

I saw videos of people talking about their lives, and decided to make one talking about my history with self injury, calling myself "xsullengirlx," not knowing what to expect.

The response was overwhelming: people from all over the world contacted me, saying they'd felt alone in their thoughts and self injuring acts, but hearing my story made them realize others were going through the same



▶ Stewart

14-24%

...of youth and young adults have self-injured at least once," according to the professors behind the University of Guelph study.

things. I continued making videos detailing ways to cope, knowing many of my viewers were teenagers. Speaking out on YouTube was therapeutic.

And I could make a difference.

On the flip side, others have posted videos glorifying self injury.

A study in this month's Pediatrics journal worried parents by making headlines: "Many youth who self-injure may go online to find support," said the professor behind the University of Guelph study, "but at the same time they may see videos that could be harmful if self-injury is depicted as typical behaviour or if viewing these



▶ One warning sign that your child may be self-injuring is that they begin to withdraw from the outside world.

videos triggers the behaviour."

These clips show fresh cuts and wounds, usually set to angry music and edited together to look like sexy music videos, enticing teens.

They're alluring, for sure.

Who wouldn't want to look like an emo starlet out of Twilight, bloody but cool?

The trick, if you're a parent with a troubled kid, is to help them distinguish between those videos and the helpful ones. And talk.

For many teens, mental health topics are a taboo subject, especially self injury.

I hope my work educates and provides friendship to those who struggle.

For me, every day is a work in progress, but recovery is a word I am not scared of anymore.

By talking, I am coping in a healthy way. If I can do it, anyone can.

Advice for parents

Christie Stewart is not a professional counsellor, but she cut herself for 13 years.

1 Usually self injurers will start withdrawing from their normal activities and become more private, growing more silent or spending a lot more time in their rooms, in addition to the more common signs of wearing layers or long sleeves, even in the summer. Don't ignore the signs.

2 Approach your kids in a non-confrontational way. Tell them you're concerned they may be hurting themselves, and let them know you're there to talk and to help, and will not judge them. Assure your child they will not be punished.

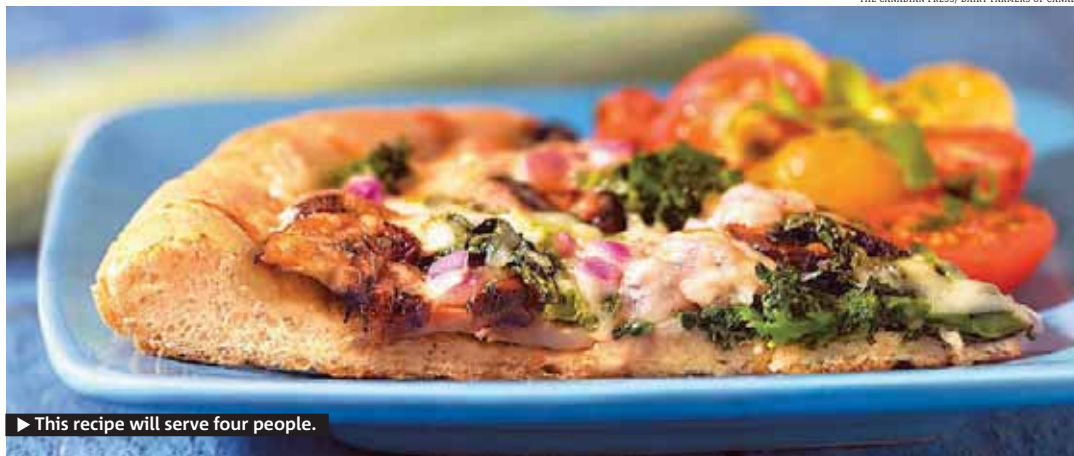
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A pizza for everyone

► Kids will be happy that it's pizza; parents will love its veggie-richness

THE CANADIAN PRESS/ DAIRY FARMERS OF CANADA



► This recipe will serve four people.

Is there a kid out there who doesn't love pizza? This vegetable-rich Swiss cheese rendition will be a sure hit, especially because it's homemade.

Serve it with a mixed green salad topped with sun-dried tomato dressing.

Preparation:

1 Preheat oven to 230 C (450 F).

2 In a frying pan over high heat, melt butter. Sauté mushrooms and garlic until fragrant (do not brown garlic). Add parsley, salt and pepper.

3 Spread the mushrooms on the pizza crust. Top with it rapini or broccoli florets and red onion. Sprinkle with cheese and bake on middle rack of oven for 7 to 10 min-

utes or until cheese is golden.

THE CANADIAN PRESS/ DAIRY FARMERS OF CANADA

Ingredients:

- 50 ml (1/4 cup) butter
- 750 ml (3 cups) sliced portobello mushrooms
- 2 cloves garlic, chopped
- 50 ml (1/4 cup) chopped fresh parsley
- 1 precooked pizza crust

- (40 cm/16 inches in diameter)
- 250 ml (1 cup) rapini or broccoli florets, blanched
- 75 ml (1/3 cup) chopped red onion
- 250 g (8 oz) Swiss cheese, shredded
- Salt and freshly ground pepper, to taste

Rose Reisman's Swap It

Dairy Queen is considered a healthier choice since the ice cream is made with milk, not cream. But Blizzards with their additions make this a "once in a blue moon" choice.



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Salad's goat cheese upgrade

► Add some goat cheese and a unique vinaigrette for a new take

The elegant sour cherry vinaigrette makes a tasty replacement for the ubiquitous raspberry dressing.

Top with goat cheese balls; drizzle with vinaigrette. **THE CANADIAN PRESS/ FOODLAND ONTARIO**

Preparation:

1 In a blender, combine oil, vinegar, cherries, mustard, honey, salt and pepper until emulsified. Set aside.

2 With a teaspoon, evenly measure out 12 pieces of goat cheese. Between palms of hand, form into balls. Coat all over with amaretti crumbs. Cover and refrigerate until ready to serve. (Can be made a day ahead.)

3 To serve, place mixed greens on salad plates.

Ingredients:

- 150 ml (2/3 cup) olive or vegetable oil
- 75 ml (1/3 cup) cider vinegar
- 75 ml (1/3 cup) sour (tart) cherries, pitted
- 30 ml (2 tbsp) grainy Dijon mustard
- 10 ml (2 tsp) liquid honey
- Salt and pepper, to taste
- 125 ml (1/2 cup) goat cheese
- 2 amaretti cookies, finely crumbled
- 1 l (4 cups) mix of baby arugula, baby spinach and Boston lettuce



► This recipe serves four.

THE CANADIAN PRESS/FOODLAND ONTARIO

Seek sustainable seafood

► Half the battle for those looking for eco-friendly options is finding the right label ► WWF is helping



BEN KNIGHT
GREEN@METRONEWS.CA

For many Canadians, the biggest environmental shock in recent decades came with the collapse of the Atlantic fishery. And while seafood remains plentiful across the country, a lot of consumers still worry they're contributing to making a bad situation worse. A recent World Wildlife Fund-Canada study found that 91 per cent of Canadians feel it is important that their fish, shrimp and lobster come from sustainable, non-overfished stocks. By contrast, only eight per cent felt they had adequate information about where their seafood comes from. "It's gratifying that the message is out there," says

Robert Rangeley, VP Atlantic for WWF-Canada. "Canadians are concerned."

The good news? Sustainable seafood exists — and availability is on the rise.

"The most basic thing is that we're not overfishing the stock," Rangeley explains. "If you buy cod, haddock or lobster, sustainability means the population of that species can continue to be harvested in the method being used in perpetuity."

Consumers can identify these products with a logo from the Marine Stewardship Council, a stylized blue logo incorporating a checkmark and a fish.

"Part of the problem we're facing right now is availability," he adds. "If you see the MSC logo —



► Removing the guesswork when it comes to sustainable seafood is half the battle for those trying to make smart purchases.

that's the blue checkmark — that's pretty clear. Unfortunately, not all packagers put the checkmark on. We're trying to solve this problem to ensure that everything that a consumer buys is verified."

MSC and WWF are about to get some high-powered Canadian retail help.

"Loblaw has made a public commitment to only source sustainable seafood by 2013. That will remove a lot of the guesswork for consumers."

Sustainable seafood doesn't come from any one country. Canadian fisheries are recovering, but Blue-checkmark packages can originate from

many diverse and different nations.

"We still have a long way to go in terms of the health of our oceans — not just in Canada, but around the world," Rangeley notes. "Part of the goal here is to reward best practices. We want to improve the ways our fisheries are managed, and reward best



What to look for

Look for this symbol when shopping for sustainable seafood.

practices through the marketplace."

Slow and steady progress, in other words — with consumers playing a crucial role in ensuring the sustainability of a vital resource.

"It's like turning a great big ugly ship that's going the wrong way towards a rocky reef," Rangeley concludes. "Our goal at WWF is to work around the world with leading retailers and processors, and turn this thing around."

SEEING THE EFFECT OF RECYCLING

Do you know of any charities that accept old eye glasses? *Jessica of Vancouver*

QUEEN OF GREEN

LINDSAY COULTER
GREEN@METRONEWS.CA



Donating your old glasses is an excellent idea. One recycling option

is a non-profit called OneSight. Visit its website at OneSight.org/na to use its store locator and find a drop-off location. Sponsoring stores include LensCrafters and Pearle Vision. You could also inquire at your local optometrist.

For over two decades, OneSight has collected

and distributed eyewear to those in need all over the world. Its charitable efforts have provided free vision care and eyewear to more than eight million people. And in some countries, a pair of eyewear costs more than a month's salary, so your old pair will mean a lot.

Lions Clubs Interna-

tional also collects millions of eyeglasses each year — one of its most popular activities. It costs less than a dollar to provide a pair of recycled eyeglasses, which can change someone's life.



David Suzuki Foundation



► Recycling old glasses is easier than you think.



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He's singing a tune of tenacity

► Waleed Abdulhamid never let go of his aspirations and now he's teaching those around him to follow his lead

TURNING POINT

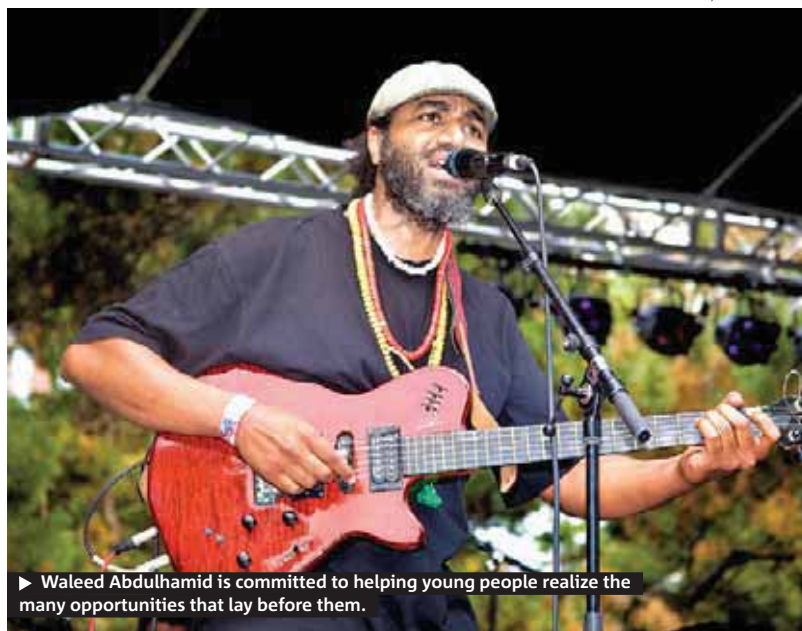
TERESA KRUIZE
LIFE@METRONews.ca



Waleed Abdulhamid is an award-winning music artist, producer and film maker but it is his work as a mentor and teacher with the Young Centre for the Performing Arts that truly makes him special.

When he speaks to youth his message is simple.

"I'm an African immigrant. Don't wait for opportunity because you have to create it. You have to have the guts to not



JEAN-MARIE BARIKAGE

► Waleed Abdulhamid is committed to helping young people realize the many opportunities that lay before them.

High hopes

Do you have a dream? Waleed Abdulhamid suggests:

Skills for Change

- skillsforchange.org
- A non-profit agency committed to promoting

workplace diversity

Young Centre for the Performing Arts

- youngcentre.ca
- A home for leading artists and arts organizations across all performance disciplines

give up on your dream. Go for it."

Born in Sudan, Waleed left home at 18 to tour all the great cities of the world, performing and working with many top name artists.

But his turning point came in 1992 when he came to Canada and made Toronto his home.

"I love this city. We could be a great role model

for the rest of the world because we are so diverse. We come from all colours, all cultures and that's what makes Toronto so unique."

Canada has been given a great gift in Waleed Abdulhamid because he is the "music man" of a new generation that speaks from the heart of cultural unity. He is a role model for us all.

Some school kids are not all right

► Canadian universities watch for signs of distress as more students under pressure seek out counselling

Universities across the country will be keeping a watchful eye on their flocks, looking for signs of distress as the fall semester kicks off.

Many are training residence dons and even professors to spot struggling students, part of a broader effort that has seen universities roll out suicide awareness campaigns, wellness classes and stress-management workshops in recent years.

The push comes as cam-

pus clinics scramble to assist a growing number of students seeking help as they wrestle with depression, post-traumatic stress, eating disorders and other conditions.

And even with a list of seminars, clubs and centres to choose from, students say it can be hard to know where to turn for help.

Demand for mental health services "has grown exponentially" over the past decade, said Dr. Robert



► Dr. Robert Franck says the demand for health services in schools has only increased.

Franck, who heads the mental health clinic at McGill University in Montreal.

Last year, the clinic — one of the few in the country with several psychiatrists on staff — saw some 1,500 new students on top of those who return year-to-year, totalling more than 18,000 visits, he said.

"We try to give appointments within two weeks, because two weeks in the life of a student ... it's very important when they're struggling and in trouble," he said.

At the same time, "the focus for universities is not just facilities for treatment, but looking at preventive measures," particularly for

first-year students, he said.

"What we really need to do is to address issues before the student gets into trouble."

It's unclear why universities are seeing more students with mental illness, but experts say it's partly due to new treatments that help those with existing conditions stay in school —

Help for all

- Universities shouldn't focus their efforts on undergraduates alone, said a graduate student at UBC who struggled with post-traumatic stress disorder last year.

- "There's this idea that you're older, you have more life experience," and are better able to cope, said the 34-year-old, who asked that she remain unidentified

- But graduate students often have families and jobs to deal with, along with greater financial stress, she said.

something they might not have been able to do in the past.

Students with depression are twice as likely to drop out, studies show.

THE CANADIAN PRESS



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Djokovic's reign continues

► Top seed battles his way to victory at Rogers Cup ► 'This year by far has been the best in my career': Djokovic

The wins keep piling up for Novak Djokovic, who now has a second men's Rogers Cup title in his collection.

The world's top-ranked player posted a hard-fought 6-2, 3-6, 6-4 victory over sixth-seeded American Mardy Fish yesterday, a popular outcome before a mostly pro-Djokovic full house on centre court at Uniprix Stadium in Montreal.

It was Djokovic's ninth tournament victory of the year and a record fifth win in one season in an ATP Masters 1,000 event. The Wimbledon champion from Serbia improved his record this year to 53-1, including a perfect 29-0 on hard courts.

"I am human — I can definitely assure you of that," the 24-year-old said with a broad smile. "I guess it's just all about having a positive attitude on the court every day, waking up every day wanting to improve, wanting to win, being determined, being professional."

"It's that desire and motivation that keeps me going. Every match I play, I try to win, regardless which match it is or whoever is across the net."

On this day, he had an opponent nearly as hot as he was in Fish, who was in his third tournament final in a row.

Fish has now lost all sev-

"I'm sure that there is going to be, you know, bad days.... I just feel that now I'm playing the best tennis of my life."

NOVAK DJOKOVIC

en career meetings with Djokovic, but he gave the top seed a battle with his awkward mix of baseline and attacking play.

It was 2-2 in the third set before Fish lost a weak service game that gave away the match. But the 29-year-old never quit, battling back from 0-40 in the final game and forcing Djokovic to complete the win on his fourth match point.

"I put myself in a lot of positions to have chances," said Fish. "I just didn't execute on the big points."

"There's a reason why (Djokovic) has won so many matches this year. He's got to be leading the tour in break points saved, I'm sure, among other things."

Djokovic, who won his first Rogers Cup title in 2007, picked up \$450,000 US for the win. Fish earned \$224,000 for his effort to become the second player this year to beat Djokovic after Roger Federer did it at the French Open.

THE CANADIAN PRESS



► Novak Djokovic celebrates match point in Montreal yesterday.

Serena rises from the ashes



Serena Williams captured the Rogers Cup women's tennis title in Toronto yesterday to continue a remarkable comeback from injury and illness.

► The 29-year-old American star dispatched No. 10-seed Samantha Stosur of Australia 6-4, 6-2 to win her first Rogers title since

claiming the Canadian tournament crown in 2001. The Rogers Cup was just Williams' fourth tournament since being sidelined for 49 weeks, first with a foot injury she suffered when she stepped on a piece of glass in a restaurant in Germany, and then with blood clots in her lungs.

Stunning collapse costs Dufner a championship

Keegan Bradley won the PGA Championship yesterday with one of the greatest comebacks in major championship history.

Bradley was down by five strokes after a triple bogey on the 15th hole of regulation. Jason Dufner appeared to have the title wrapped up, but Bradley rallied and Dufner collapsed.

Dufner put his tee shot in the water at 15, setting

up the first of three straight bogeys. Bradley made birdies at 16 and 17, going to the final hole suddenly tied for the lead.

Both players made par on the 72nd hole, but Bradley won the three-hole playoff by a single stroke. He tapped in for par at the 18th hole and lifted the Wanamaker Trophy in Johns Creek, Ga.

THE ASSOCIATED PRESS



► Keegan Bradley celebrates yesterday.

Sports in brief

Real Madrid, Barcelona play to draw in Supercup

SOCCER. Xabi Alonso's second-half goal earned Real Madrid a 2-2 draw against Barcelona in a first-leg Spanish Supercup match yesterday. Barcelona may field Cesc Fabregas in Wednesday's return leg at the Camp Nou after

announcing during the game it had reached a deal for the Arsenal midfielder. THE ASSOCIATED PRESS

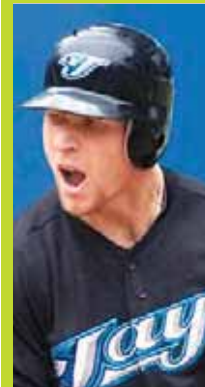
Ugla's streak ends at 33

MLB. Braves second baseman Dan Uggla's 33-game hitting streak, the longest in the majors in five years, ended when he was 0-for-3 in yesterday's 6-5 loss to the Cubs. Uggla's streak passed Rico Carty's 31-game streak in 1970 as the longest in Atlanta Braves history.

THE ASSOCIATED PRESS

4
sports

Quoted



"I'm sure every guy wants to be that guy in here. I was just fortunate enough that it was my turn."

BRETT LAWRIE, WHOSE NINTH-INNING DOUBLE SCORED COLBY RASMUS TO PULL THE BLUE JAYS INTO A 4-4 TIE AGAINST THE LOS ANGELES ANGELS YESTERDAY. EDWIN ENCARNACION SINGLED WITH TWO OUT IN THE 10TH INNING TO SCORE YUNEL ESCOBAR AND GIVE THE JAYS A 5-4 WIN.



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Boston	73	46	.613	—
New York	72	46	.610	½
Tampa Bay	64	55	.538	9
Toronto	61	59	.508	12½
Baltimore	46	72	.390	26½
CENTRAL DIVISION				
	W	L	Pct	GB
Detroit	64	56	.533	—
Cleveland	60	57	.513	2½
Chicago	60	60	.500	4
Minnesota	52	67	.437	11½
Kansas City	50	71	.413	14½
WEST DIVISION				
	W	L	Pct	GB
Texas	69	52	.570	—
Los Angeles	65	56	.537	4
Oakland	53	67	.442	15½
Seattle	52	67	.437	16

Yesterday's results

Toronto 5 L.A. Angels 4 (10 ings)
 Baltimore 8 Detroit 5
 Chicago White Sox 6 Kansas City 2
 Seattle 5 Boston 3
 Texas 7 Oakland 6
 Minnesota at Cleveland (ppd., rain)
 Tampa Bay at N.Y. Yankees (ppd., rain)

Saturday Results

Toronto 11 L.A. Angels 2
 Chicago White Sox 5 Kansas City 4
 Cleveland 3 Minnesota 1
 Detroit 6 Baltimore 5
 N.Y. Yankees 9 Tampa Bay 2
 Seattle 5 Boston 4
 Texas 7 Oakland 1

Monday Games

Minnesota (Liriano 7-9) at Detroit (Porcello 11-7), 7:05 p.m.
 N.Y. Yankees (A.J.Burnett 8-9) at Kansas City (F.Paulino 1-4), 8:10 p.m.
 Baltimore (Tom.Hunter 1-2) at Oakland
 (G.Gonzalez 9-10), 10:05 p.m.
 Texas (Ogando 11-5) at L.A. Angels (Richards 0-1), 10:05 p.m.
 Toronto (H.Alvarez 0-0) at Seattle (Pineda 9-7), 10:10 p.m.

Tuesday Games

Tampa Bay at Boston, 1:05 p.m., 1st game
 Minnesota at Detroit, 7:05 p.m.
 Tampa Bay at Boston, 7:10 p.m., 2nd game
 Cleveland at Chicago White Sox, 8:10 p.m.
 N.Y. Yankees at Kansas City, 8:10 p.m.
 Baltimore at Oakland, 10:05 p.m.
 Texas at L.A. Angels, 10:05 p.m.
 Toronto at Seattle, 10:10 p.m.

NATIONAL LEAGUE

EAST DIVISION				
	W	L	Pct	GB
Philadelphia	78	41	.655	—
Atlanta	70	51	.579	9
New York	58	62	.483	20½
Washington	57	62	.479	21
Florida	56	64	.467	22½
CENTRAL DIVISION				
	W	L	Pct	GB
Milwaukee	70	51	.579	—
St. Louis	65	56	.537	5
Cincinnati	59	62	.488	11
Pittsburgh	56	63	.471	13
Chicago	53	68	.438	17
Houston	38	83	.314	32
WEST DIVISION				
	W	L	Pct	GB
Arizona	68	53	.562	—
San Francisco	66	55	.545	2
Los Angeles	55	64	.462	12
Colorado	56	66	.459	12½
San Diego	54	68	.443	14½

Yesterday's results

Arizona 5 N.Y. Mets 3
 Chicago Cubs 6 Atlanta 5
 L.A. Dodgers 7 Houston 0
 Milwaukee 2 Pittsburgh 1 (10 ings)
 San Diego 7 Cincinnati 3
 San Francisco 5 Florida 2
 St. Louis 6 Colorado 2
 Washington at Philadelphia (ppd., rain)

Saturday Results

Arizona 6 N.Y. Mets 4
 Chicago Cubs 8 Atlanta 4
 Cincinnati 13 San Diego 1
 Colorado 6 St. Louis 1
 L.A. Dodgers 6 Houston 1
 Milwaukee 1 Pittsburgh 0
 Philadelphia 11 Washington 3
 San Francisco 3 Florida 0
 Monday Games
 San Francisco (Bumgarner 7-11) at Atlanta (T.Hudson 12-7), 7 p.m.
 St. Louis (Westbrook 9-6) at Pittsburgh (Ja.McDonald 7-6), 7:05 p.m.
 Chicago Cubs (R.Lopez 3-3) at Houston (Sosa 0-1), 8:05 p.m.
 L.A. Dodgers (Lilly 7-12) at Milwaukee (Wolf 9-8), 8:10 p.m.
 Florida (Hensley 1-4) at Colorado (Millwood 0-1), 8:40 p.m.
 N.Y. Mets (Dickey 5-11) at San Diego (Harang 11-3), 10:05 p.m.

Tuesday Games

Arizona at Philadelphia, 7:05 p.m.
 Cincinnati at Washington, 7:05 p.m.
 St. Louis at Pittsburgh, 7:05 p.m.
 San Francisco at Atlanta, 7:10 p.m.
 Chicago Cubs at Houston, 8:05 p.m.
 L.A. Dodgers at Milwaukee, 8:10 p.m.
 Florida at Colorado, 8:40 p.m.
 N.Y. Mets at San Diego, 10:05 p.m.

BLUE JAYS 5, ANGELS 4 (10 INN.)

Los Angeles	ab	r	h	bi	Toronto	ab	r	h	bi
Bourjos cf	4	1	2	1	YEscor ss	3	1	0	0
Callasp 3b	3	0	0	1	ETHms lf	3	1	1	2
Abreu dh	4	1	2	0	RDavis ph	1	0	0	0
TrHntr rf	4	1	1	2	Teahen pr-lf	1	0	0	0
Trumo 1b	4	0	0	0	Bautist rf	4	1	3	1
V.Wells lf	4	0	0	0	Lind 1b	5	0	0	0
HKndrc 2b	4	0	0	0	Encnc dh	5	0	2	1
Aybar ss	4	0	0	0	Rasms cf	4	1	1	0
BoWlsc c	3	1	1	0	Lawrie 3b	4	0	1	1
Arenci c	4	0	0	0					
JMcDnl 2b	4	1	2	0					

Totals	34	4	6	4	Totals	38	5	10	5
Los Angeles	201	010	000	0—4					
Toronto	000	201	001	1—5					

Two outs when winning run scored.

DP—Toronto 1. LOB—Los Angeles 1, Toronto 7.
 2B—Bourjos (21), Bo.Wilson (6), Rasmus (5),
 Lawrie (3), Jo.McDonald (8). 3B—Bourjos (8).
 HR—Tor.Hunter (15), E.Thames (7), Bautista
 (34). SB—Abreu 2 (17), Lawrie (1). S—
 Y.Escobar. SF—Callaspo.

Los Angeles	IP	H	R	ER	BB	SO
Haren	7	5	3	3	0	5
S.Downs H,20	1	2	0	0	0	0
Walden BS,8-34	1	2	1	1	0	1
Rodney L,2-5	1-3	0	1	1	2	1
Takahashi	1-3	1	0	0	0	0
Cecil	7	5	4	4	0	3
Janssen	1	0	0	0	0	1
F.Francisco	1	1	0	0	0	0
Rauch W,5-3	1	0	0	0	0	1
Umpires—Home, David Rackley; First, Alan Porter; Second, Rob Drake; Third, Gary Darling.						
T—2:52. A—23,355 (49,260).						

TENNIS

ATP ROGERS CUP

At Montreal
Singles
Championship
 Novak Djokovic (1), Serbia, def. Mardy Fish (6), U.S., 6-2, 3-6, 6-4.
Doubles
Championship
 Michael Llodra, France, and Nenad Zimonjic (4), Serbia, def. Bob and Mike Bryon (1), U.S., 6-4, 6-7 (5), 10-5 tiebreak.

WTA ROGERS CUP

At Toronto
Singles
Championship
 Serena Williams, U.S., def. Sam Stosur (10), Australia, 6-4, 6-2.
Doubles
Championship
 Liezel Huber and Lisa Raymond (3), U.S., def. Victoria Azarenka, Belarus, and Maria Kirilenko (4), Russia, walkover.

CFL

WEEK SEVEN

EAST DIVISION									
	GP	W	L	T	PF	PA	Pt		
Winnipeg	7	6	1	0	182	130	12		
Montreal	7	5	2	0	222	156	10		
Hamilton	7	4	3	0	189	176	8		
Toronto	7	1	6	0	160	215	2		
WEST DIVISION									
	GP	W	L	T	PF	PA	Pt		
Calgary	7	5	2	0	194	172	10		
Edmonton	7	5	2	0	173	154	10		
B.C.	7	1	6	0	167	202	2		
Saskatchewan	7	1	6	0	147	229	2		

Saturday Results

Hamilton 37 Toronto 32
 Winnipeg 30 B.C. 17
Friday Result
 Calgary 45 Saskatchewan 35
Saturday Results
 Montreal 27 Edmonton 4
WEEK EIGHT
 Byes: Calgary, Hamilton, Montreal, Winnipeg
Thursday, Aug. 18
 Saskatchewan at Toronto, 7:30 p.m.
Friday, Aug. 19
 B.C. at Edmonton, 9 p.m.

SOCCER

MLS

Last night's result
 Houston 2 Portland 1
Saturday Results
 Toronto 1 Real Salt Lake 0
 D.C. United 4 Vancouver 0
 Chivas USA 0 Seattle 0
 Colorado 2 San Jose 1
 Columbus 3 New England 1
 New York 2 Chicago 2
 Philadelphia 2 Dallas 2

ENGLAND

PREMIER LEAGUE

Yesterday's results
 Stoke 0 Chelsea 0
 West Bromwich Albion 1 Manchester United 2
LEAGUE CHAMPIONSHIP
Yesterday's results
 Blackpool 2 Peterborough 1
 Cardiff 3 Bristol City 1

FRANCE

LIGUE 1

Yesterday's results
 Evian 1 Nice 0
 Auxerre 2 Marseille 2
 Lille 0 Montpellier 1

GERMANY

BUNDESLIGA

Yesterday's results
 Kaiserslautern 1 Augsburg 1
 Bayer Leverkusen 1 Werder Bremen 0
SCOTLAND
PREMIER LEAGUE
Yesterday's results
 Kilmarnock 4 Hibernian 1

GOLF

PGA CHAMPIONSHIP

At JOHNS CREEK, Ga.

Par 70

Final round

(x—won on three-hole aggregate playoff):

x-Keegan Bradley, \$1,445,000	71-64-69-68—272
Jason Dufner, \$865,000	70-65-68-69—272
Anders Hansen, \$545,000	68-69-70-66—273
Robert Karlsson, \$331,000	70-71-67-67—275
David Toms, \$331,000	72-71-65-67—275
Scott Verplank, \$331,000	67-69-69-70—275
Adam Scott, \$259,000	69-69-70-68—276
Luke Donald, \$224,500	70-71-68-68—277
Lee Westwood, \$224,500	71-68-70-68—277
Kevin Na, \$188,000	72-69-70-67—278
D.A. Points, \$188,000	69-67-71-71—278
Sergio Garcia, \$132,786	72-69-69-69—279
Bill Haas, \$132,786	68-73-69-69—279
Trevor Immelman, \$132,786	69-71-71-68—279
Charl Schwartzel, \$132,786	71-71-66-71—279
Steve Stricker, \$132,786	63-74-69-73—279
Nick Watney, \$132,786	70-71-68-70—279
Gary Woodland, \$132,786	70-70-71-68—279
Brian Davis, \$81,214	69-73-69-69—280
Matt Kuchar, \$81,214	71-71-68-70—280
Hunter Mahan, \$81,214	72-72-66-74—280
Phil Mickelson, \$81,214	71-70-69-70—280
Ryan Palmer, \$81,214	71-70-69-70—280
John Senden, \$81,214	68-68-72-72—280
Brendan Steele, \$81,214	72-71-67-72—280
Robert Allenby, \$51,063	72-70-71-68—281
Brendon de Jonge, \$51,063	68-72-69-72—281
Charles Howell III, \$51,063	72-68-73-68—281
Jerry Kelly, \$51,063	71-70-73-69—281
Spencer Levin, \$51,063	71-70-68-72—281
Scott Piercy, \$51,063	71-68-71-71—281
Bubba Watson, \$51,063	74-68-70-69—281
Mark Wilson, \$51,063	69-71-71-70—281
Chris Kirk, \$40,000	72-72-69-69—282
Francesco Molinari, \$40,000	72-71-67-72—282
Alexander Noren, \$40,000	70-72-68-72—282
Ben Crane, \$36,250	71-72-66-74—283
Matteo Manassero, \$36,250	68-74-71-70—283
K.J. Choi, \$30,250	70-73-69-72—284
Johan Edberg, \$30,250	71-70-73-70—284
Harrison Frazar, \$30,250	72-69-72-71—284
Jim Furyk, \$30,250	71-65-73-75—284
Bill Lunde, \$30,250	71-71-69-73—284
Ian Poulter, \$30,250	74-68-70-72—284
Ross Fisher, \$21,500	71-69-76-69—285
Yuta Ikeda, \$21,500	73-68-72-72—285
Brandt Jobe, \$21,500	68-69-73-75—285
Pablo Larrazabal, \$21,500	70-73-76-66—285
Seung-yul Noh, \$21,500	71-70-75-69—285
Andres Romero, \$21,500	72-70-74-69—285
Simon Dyson, \$17,500	68-72-71-75—286
Rickie Fowler, \$17,500	74-69-75-68—286
John Rollins, \$17,500	72-72-70-72—286
Jhonattan Vegas, \$17,500	70-68-74-74—286
Johnson Wagner, \$17,500	71-69-72-74—286
Ricky Barnes, \$16,600	69-75-71-72—287
Bryce Molder, \$16,600	74-69-70-74—287
Ryan Moore, \$16,600	75-69-76-67—287
Michael Bradley, \$16,033	70-74-74-70—288
Zach Johnson, \$16,033	71-72-73-72—288
Kyung-tae Kim, \$16,033	73-71-70-74—288
Robert Garrigus, \$15,750	70-70-74-76—290
Kevin Streelman, \$15,750	73-71-71-75—290
Peter Hanson, \$15,400	71-71-76-73—291
Padraig Harrington, \$15,400	73-69-75-74—291
Miguel A. Jimenez, \$15,400	69-73-72-77—291
Rory McIlroy, \$15,400	70-73-74-74—291
Sean O'Hair, \$15,400	71-73-77-70—291
Edoardo Molinari, \$15,000	75-69-76-72—292
Mike Small, \$15,000	73-71-70-78—292
Y.E. Yang, \$15,000	71-73-74-74—292
Paul Casey, \$14,750	72-72-78-72—294
Davis Love III, \$14,750	68-71-76-79—294
Shaun Micheel, \$14,550	66-78-77-74—295
Rory Sabbatini, \$14,550	73-69-73-80—295

NATIONWIDE-PRICE CUTTER

CHARITY CHAMPIONSHIP

At SPRINGFIELD, Mo.

Par 72

Final round

Steve Friesen, \$112,500	62-68-68-64—262
Gavin Coles, \$67,500	64-68-69-66—267
Paul Glaxton, \$28,188	69-65-68-66—268
Cliff Kresge, \$28,188	67-65-69-67—268
Ted Potter, Jr., \$28,188	69-64-68-67—268
Josh Broadaway, \$28,188	66-65-68-69—268
Travis Hampshire, \$28,188	68-67-63-70—268
Justin Bolli, \$19,375	69-69-67-64—269
Jay Williamson, \$16,875	69-66-69-66—269
Michael Sims, \$16,875	69-67-65-69—270
Casey Wittenberg, \$16,875	68-69-63-70—270
Russell Knox, \$14,375	68-67-69-67—271
Nicholas Thompson, \$10,714	69-66-69-68—271
Tommy Biershenk, \$10,714	68-69-67-68—272
Jason Kokrak, \$10,714	70-67-67-68—272
John Kimbell, \$10,714	70-68-66-68—272
Tyrene Van Aswegen, \$10,714	66-67-70-69—272</

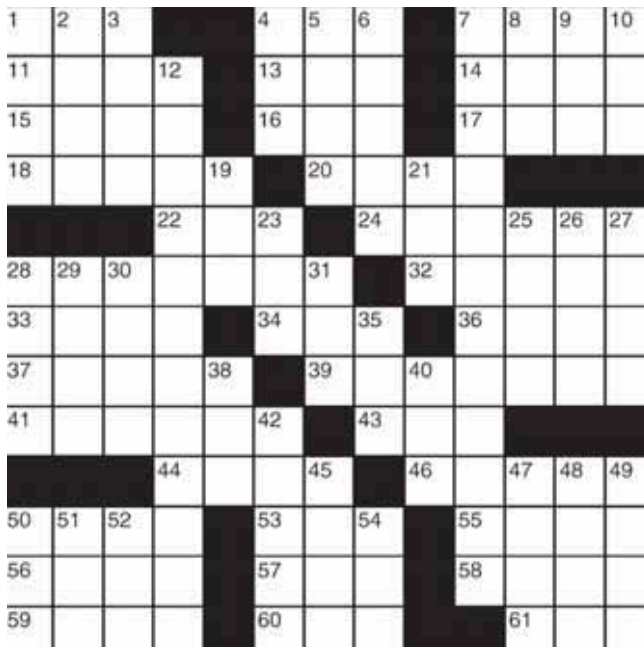
Crossword

Across

- 1 Small pellets
- 4 Cigar residue
- 7 Soft-drink flavor
- 11 Secular
- 13 Sticky stuff
- 14 Mountain goat
- 15 Norway's capital
- 16 Erstwhile acorn
- 17 Buster Brown's dog
- 18 Grave robber
- 20 Red gemstone
- 22 Pinch
- 24 Round peg in a square hole
- 28 3/4 time dances
- 32 Coast
- 33 Bakery employee
- 34 — Mahal
- 36 Capri is one
- 37 Cafeteria carriers
- 39 Mends old jeans, maybe
- 41 Old Toyota model
- 43 Stir-fry pan
- 44 Cambodia neighbor
- 46 It makes dough rise
- 50 God, in Grenoble
- 53 "CSI" evidence
- 55 Ancient letter
- 56 Bedouin
- 57 Republicans
- 58 Ollie's pal
- 59 New York ball club
- 60 Female sheep
- 61 Choose

Down

- 1 Online journal
- 2 Wild party
- 3 Missile shelter
- 4 Past



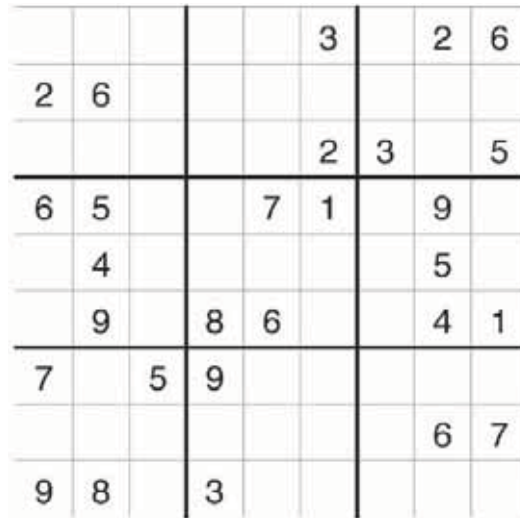
5 Fly high 29 Land measure 54 Gorilla

- 6 Nonsense
- 7 1991 movie for which Jack Palance earned an Oscar
- 8 Japanese sash
- 9 Lower limb
- 10 Hatchet
- 12 Golfers' meccas
- 19 Taylor or Claiborne
- 21 Huge
- 23 Favorite
- 25 Tuna or carp
- 26 Not busy
- 27 Ball holders
- 28 Skater Katarina
- 30 Shakespearean king
- 31 Tree fluid
- 35 Mandible
- 38 Vast expanse
- 40 Plaything
- 42 Skiers' hotel
- 45 Winter forecast
- 47 Car
- 48 Break suddenly
- 49 Campsite shelter
- 50 Beaver's construction
- 51 Anger
- 52 Dine on

► Yesterday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►



A look at the weather

TODAY	TUESDAY	WEDNESDAY
Min 13° Max 15°	Min 15° Max 23°	Min 16° Max 23°

Michele McDougall Weather Specialist

"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes". WEEKDAYS 6AM



Today's horoscope

♈ Aries March 21-April 20 Speak your mind today and if others don't like what you have to say that's too bad.

♉ Taurus April 21-May 21 This is not an easy time of year for you but, as always, you will rise to the challenges that come your way.

♊ Gemini May 22-June 21 You will be at your imperious best as the new week begins.

♋ Cancer June 22-July 22 Don't commit yourself to anything that cannot be changed at a moment's notice.

♌ Leo July 23-Aug. 23 No matter

what problems or difficulties you may encounter over the next few days you will deal with them all with ease.

♍ Virgo Aug. 24-Sept. 22 You will certainly make an impression today but will it be the right sort?

♎ Libra Sept. 23-Oct. 23 Most people you deal with today will give you what you desire without having to be asked twice.

♏ Scorpio Oct. 24-Nov. 22 A door that has been closed to you in the past is at last starting to open but for some reason you seem reluctant to pass through.

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♐ Sagittarius Nov. 23-Dec.

21 Stay calm and don't get carried away with your own success.

♑ Capricorn Dec. 22-Jan. 20

If your attitude is right you'll do a wonderfully good job.

♒ Aquarius Jan. 21-Feb. 18 Is what you are doing with your life what you want to be doing a year from now?

♓ Pisces Feb. 19-March

20 Break out of the rut you are in and learn to enjoy living close to the edge. **SALLY BROMPTON**

Caption contest



"This is not what I was thinking when I signed up for Plenty of Fish."

TIM



WIN! You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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